

azkan
MOUNTAIN ACADEMY

MUNTANYES DE LLIBERTAT

Pyrenees Mountains - Tavascan, Spain
Hut to Hut Route - Private Hiking Trip

summer 2025



MUNTANYES DE LLIBERTAT - MOUNTAINS OF FREEDOM



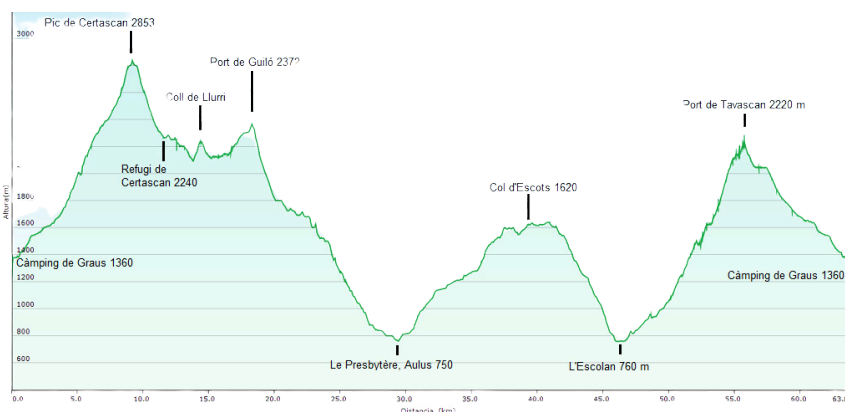
Discover the Muntanyes de Llibertat

The *Mountains of Freedom* route is a 4-day circular trail that blends nature, history, and physical endurance across the Pyrenees. This trek retraces paths used during the Spanish Civil War and World War II by refugees, including Jews fleeing the Holocaust and Catalan republicans escaping to France. Spanning the Alt Pirineu Natural Park (Catalonia) and the Parc Naturel Régional des Pyrénées Ariégeoises (France), the route offers a unique experience through forests, waterfalls, glacial lakes, and alpine landscapes.

Ideal for experienced hikers, the ***Muntanyes de Llibertat*** offers challenging ascents, panoramic views, and the chance to traverse some of the most untouched areas of the Pyrenees. It's a true adventure for those seeking the beauty and solitude of high-altitude trails.

Technical Details

- Type: Circular
- Total Distance: 65 km
- Cumulative Elevation Gain: $\pm 4,800$ m
- Duration: 4 days / 3 nights
- Physical Demand: High
- Technical Difficulty: Medium-High
- Best Season: June to September
- **Highlights:** Ars Waterfall, glacial lakes, exile monuments in Tavascan and Aulus Les Bains



NUM. PERS.
from 4 to 10 pax

SEASON:

June
July
August
September




ARRIVAL:

- Barcelona Airport
- Toulouse Airport








PRICES PER PERSON:

4 pax: 1.550 €
5 pax: 1.430 €
6 pax: 1.325 €
7 pax: 1.255 €
8 pax: 1.190 €

B: Breakfast
L: Lunch
D: Dinner
LB: Lunch Box

-  International flight
-  Private Transfer
-  Hiking Day

Itinerary

Day 01.   Barcelona / Toulouse - Tavascan -|-|D
Day 02.  Tavascan - Graus - Refugi Certascan B|LB|D
Day 03.  Refugi Certascan - Aulus Les Bains B|LB|D
Day 04.  Aulus Les Bains - L'Escolan Refuge B|LB|D
Day 05.  L'Escolan Refuge - Tavascan B|LB|D
Day 06. Tavascan B|-|D
Day 07.   Tavascan - Barcelona / Toulouse D|-|-

Accommodation

- First night in hotel Estanys Blaus*** in Tavascan
- 1 night in Certascan Hut
- 1 night in Le Presbytère Refuge
- 1 night in L'Escolan Refuge
- 2 final nights in Hotel Estanys Blaus*** in Tavascan

What's included

- 3 nights in a hotel with half board (breakfast and dinner) + 1 picnics
- 3 nights in a mountain Hut with half board + 3 picnics
- 1 dinner at a local restaurant
- All necessary transfers for the itinerary, by private transport.
- Mountain guide accompaniment throughout the trip.
 - Ratio: 1 guide / 08 clients max.
- Accident and public liability insurance

NOT INCLUDED

- Other personal expenses such as souvenirs, tips, drinks, and meals not included in the itinerary.
- Tourist tax at the hotel: €0.60 per person per night (to be paid directly).
- Any activity during the Rest Day (day 6).
- International flights to/from Barcelona/Toulouse.



Detailed Itinerary

Day 1: Barcelona / Toulouse - Tavascan

Transfer from Barcelona or Toulouse by private transport to Tavascan. The journey, which takes approximately 3-4 hours, crosses idyllic landscapes that introduce the Pyrenees. Arrival at the village and accommodation. Free time to explore the village and prepare for the activities.

Transfer of 220-250 km (duration: 3-4 hours).

Meet the mountain guide and short briefing about next days.

Dinner included.

Day 2: Tavascan - Certascan Refuge

Distance: 16 km

Elevation Gain/Loss: +1,790 m / -480 m

Estimated Time: 8 hours

Description: The route begins in Bordes de Graus, a picturesque area surrounded by meadows and traditional pastoral huts. The trail gradually ascends through forested paths, opening to stunning high-mountain landscapes. The Certascan Refuge sits beside its namesake lake, the largest glacial lake in the Pyrenees, surrounded by towering peaks.

Highlights: Alpine meadows and the majestic Certascan Lake with its crystal-clear waters, perfect for enjoying the natural surroundings.

Day 3: Certascan Refuge - Aulus Les Bains

Distance: 16.9 km

Elevation Gain/Loss: +550 m / -2,020 m

Estimated Time: 7-8 hours

Description: From the Certascan Refuge, the trail descends progressively towards the French side of the Pyrenees. The route offers panoramic views of glacial lakes and dense forests. A highlight is the spectacular Ars Waterfall, one of the most beautiful in the Pyrenees, cascading down multiple tiers. The stage ends in the charming village of Aulus Les Bains, known for its thermal spa.

Highlights: Ars Waterfall, memorial sites dedicated to exile, and the peaceful charm of Aulus Les Bains.

Day 4: Aulus Les Bains - L'Escolan Refuge

Distance: 16.6 km

Elevation Gain/Loss: +950 m / -940 m

Estimated Time: 8 hours

Description: This stage blends historic trails with natural landscapes. It begins with a climb through beech forests, leading to more open high-altitude terrain. The tranquility of the surroundings provides an opportunity to reflect on the challenges faced by those who historically crossed these paths seeking freedom. The L'Escolan Refuge is located in a serene setting, perfect for rest.

Highlights: The calm of the forest and panoramic views from the mountain passes.

Day 5: L'Escolan Refuge - Tavascan

Distance: 17.3 km

Elevation Gain/Loss: +1,620 m / -1,025 m

Estimated Time: 9 hours

Description: The final stage ascends to the Certascan Pass, offering sweeping views of the Pyrenean valleys. The descent back to Bordes de Graus combines technical sections with dreamy landscapes. Returning to the starting point concludes this journey with mixed emotions of physical accomplishment and the historical significance of the route.

Highlights: Pyrenean panoramas and the serene return to Bordes de Graus.

Day 6: Tavascan

Rest day in Tavascan.

Dinner included in a local restaurant near Tavascan.

Day 7: Tavascan - Barcelona / Toulouse

Description: Return to Barcelona or Toulouse after a week of intense activities. Time will be provided for a final leisurely walk around the village before the transfer.

Transfer of 220-250 km (duration: 3-4 hours).



Accommodation

Tavascan Village: Hotel Estanys Blaus***

The Hotel, located in the picturesque village of Tavascan, in the Pallars Sobirà, is a charming mountain accommodation surrounded by breathtaking natural scenery.

Start your journey in Tavascan, where you can gather information and prepare for the route. It's an excellent spot to acclimatize to the altitude and the surroundings of the Alt Pirineu Natural Park.

Certascan Refuge

This is one of the most iconic shelters on the route, located beside the glacial lake of Certascan, the largest in Catalonia. Here, hikers can enjoy stunning views and rest after a challenging day of trekking. The high-altitude location provides remarkable vistas of the region's highest peaks.

Le Presbytère Refuge

In Aulus-les-Bains, France, near the border, offering a cozy atmosphere with views of the French Pyrenees.

L'Escolan Refuge

In Bidous, Ariège region, the final refuge before completing the circuit, surrounded by peaceful mountain scenery.





EXPLORE & WALK

CONTACT & BOOKING

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Made in Pyrenees

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